



UCARE draws more blood, donors

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The UCARE Blood Drive was held last Tuesday and Wednesday in the Wismer Parent's Lounge.

The drive is held each semester and gives students the opportunity to donate blood to those in need.

Val Alonso, a junior at Ursinus College, worked with UCARE to set up the event with the American Red Cross.

One major change of this year's blood drive was the change of location.

Instead of holding the event in Wismer's lower lounge, it was held in the parent's lounge, or the Bear Den.

Alonso said, "In the past years the American Red Cross staff has not liked the location of the drive because of the heavy flow of students and the stairs around the location. This year they really liked the privacy of the Bear Den."

The final numbers of the event were 67 donors' presented and 45 pints collected on Tuesday, Oct. 4, and 79 donors' presented and 64 pints col-



Courtesy of Hilary Gibbs

Seniors Sophie Kenuk and Sarah Schwolsky volunteering at the UCARE Blood Drive.

lected on Wednesday, Oct. 5.

Next year, the American Red Cross would like to expand the hours of the blood

drive. Alonso said, "This will help to spread out the drive and compensate for the space issue. The hours could be 10:00

a.m. to 7:00 p.m. for the spring."

Alonso explains that the restricted hours caused some problems this year for

the volunteers because donors were getting backed up.

Unlike Tuesday, workers at the blood drive Wednesday were unable to take walk-ins because of the amount of donors and limited time.

Alonso said, "in past years, we had a lot of people not show up for their scheduled time which allowed us to take walk-ins. This year, however, almost every person who scheduled a time showed up for their appointment."

Kyra Heaton, a junior at Ursinus College, has volunteered at the blood drive since her freshmen year. "This year there were definitely a lot more people coming to donate blood. It was very encouraging, but also stressful at times because there were so many donors and not that much time," she said.

Alonso explains that she also saw a lot more people donating blood that were not students at Ursinus. "There were many people coming into donate blood that were not affiliated with the

See **UCARE** on pg. 3

'Ursinus is talking about...' author speaks on novel

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Author Edmund White journeyed to Ursinus College last week to speak about his novel "A Boy's Own Story" and how it forever changed gay literature. The novel is this year's "Ursinus is Talking about..." selection.

Published in 1982, "A Boy's Own Story" is a semi-autobiographical novel about a young homosexual boy and his upbringing in New Jersey and New York.

Both White and the novel became an important voice in

gay culture in the mid 1980s. Before "A Boy's Own Story," according to White, the only source of gay literature was either pornographic or erotic.

White's novel was the first gay novel to really be written in the style of an autobiography.

"People do not write about the most obvious subjects," White said during his talk, "there were no coming out novels until 1982."

White had previously written gay novels, his first when he was 15 years old, but none were published. "A Boy's Own Story" was written over a course of about three years, said White

in his talk. He blamed the prolonged writing process on his heavy drinking at the time.

White did however quit drinking the year the novel was published.

"I would finish a chapter, and then go on a month long bender," White said

White credited his alcoholism to helping him become a great writer. According to White, alcoholics write in a very particular way that only allows them to write in set pieces be-



Courtesy of Elizabeth Kessler

Author Edmund White visited Ursinus on Tuesday, Oct. 4

See **White** on pg. 2

Bombing in Somalia, March in Afghanistan, Joint Nobel Peace Prize winners, Teen death investigation

Truck Bomb Kills Dozens

Tuesday, Oct. 4

MOGADISHU, SOMALIA—

A truck bomb detonated outside the gates of a government compound in a Mogadishu neighborhood thought to be relatively safe and under the control of Somalia's transitional government.

Dozens were killed in the attack, which was apparently carried out by the Shabab Islamist group.

The African Union reported that as many as 50 had died and 100 were wounded.

Rural hospitals, already straining to provide care for victims of the widespread famine, struggled to treat the wounded.

Almost immediately after the bombing, the Shabab, which has pledged allegiance to al-Qaeda, claimed responsibility for the attack.

The Shabab began its insurgency in 2007, and Tuesday's attack suggested resurgence in the group's efforts.

(New York Times Online)

Afghans March Against Occupation

Thursday, October 6

KABUL, AFGHANISTAN—

Around 300 Afghans marched through Kabul on Thursday, the eve of the 10 year anniversary of the US military campaign in Afghanistan, to condemn the US occupation and call for the immediate removal of foreign troops.

The rally lasted around three hours and ended peacefully.

Protesters also denounced President Hamid Karzai as a puppet to the US government.

Karzai came into power in 2002, after Western forces led by the US drove the Taliban from power.

Karzai won subsequent elections in 2005 and 2009.

There have been record numbers of civilian casualties this year.

Although around 80 percent were caused by insurgents, killings by foreign forces tend to

receive the most international attention.

(Reuters, hosted by News-Daily.com)

Youth's Death Under Investigation

Friday, October 7

BAHRAIN—

The government of Bahrain announced that it would launch an investigation into the death of 16-year-old Ahmed Jaber, who died on Thursday night in clashes with police, according to opposition activists.

Bahrain's Shiite majority is demanding more political rights and less discrimination on the part of the monarchy, which crushed a pro-democracy revolt earlier this year.

Many Shiite areas have seen nightly clashes with police.

The Interior Ministry announced that Jaber died from respiratory and blood flow issues after being admitted to the hospital.



Lisa Jobe
International News

Exactly how Jaber sustained his injuries is under investigation.

Shiite activists claimed that Jaber died after being hit with bird-shot pellets fired by police.

"(He) was shot by the security forces at close proximity during a protest with the pellet shotgun, which seems to have penetrated his heart and/or lung and caused his death," a spokesman from the Bahrain Center for Human Rights.

(Reuters, hosted on News-Daily.com)

Joint Winners For Peace Prize

Friday, October 7

NORWAY—

This year's Nobel Peace Prize

was jointly awarded to Liberian President Ellen Johnson Sirleaf, Liberian Leymah Gbowee and Tawakul Karman of Yemen.

They have been recognized for leading the non-violent struggle for increased women's political rights.

Sirleaf is the first female elected leader in Africa, Gbowee is a peace activist in Liberia, and Karman is a leader of the pro-democracy movement in Yemen.

Karman is the head of the Yemeni organization Women Journalists without Chains and has been jailed for her efforts several times.

She is the first Arab woman to receive the award. Sirleaf was elected in 2005 after 14 years of civil war in Liberia.

She will be running again for the presidency, and her main rival, Winston Tubman, called her a "warmonger" and denounced the prize.

Gbowee worked to organize women in peace efforts during the conflicts in Liberia.

All three women will share the \$1.5 million prize money.

(BBC News Online)

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cause they cannot hold ideas in their head for more than moments. This caused White to immediately put his ideas on paper so he would never forget them.

The title "A Boy's Own Story," according to White, was meant to poke fun at old Victorian literature which White referred to as "square and unreformed."

The French were forced to call the novel "A Young American's Story" because they felt the word "boy" seemed inappropriate when in reference to a gay novel.

"My editors tried to change it," White said, "but I liked the humor in it."

Though White and his father had a poor relationship during his childhood, it was the death of his father that inspired him to write an auto-fiction novel about his childhood.

"I thought if I wrote about my father then he would technically always be remembered," White said.

White's goal in his novel was to portray sex hu-

morously and realistically.

According to White, the auto-fiction genre in which the book is classified allowed him to exaggerate many of his stories. He also dumbed down many of the characters, simplified sexuality, and made his protagonist character more shy so that readers could relate.

"When I was a child the attitude was that gays were slightly humorous worm-like creatures, so I wanted to show people in my novels that they were just like straight people," White said.

Since "A Boy's Own Story" White has written more than a dozen various pieces that include plays, biographies, and memoirs. He followed up his debut novel with two sequels that loosely documented his teenage years and adult life.

White has a novel being released in January that is called "Jack Holmes and His Friend." It is about a friendship between a gay and straight man, which according to White is quite common, but rarely documented or put into novel form.

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Annual Security and Fire Safety Report released

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Campus Safety has released its Annual Security and Fire Safety Report for 2011 which includes information on the fire incidents and crime statistics at Ursinus for the past three years.

The 20 page report also provides Campus Safety's mission statement, its involvement with Collegeville, Lower Providence Township and Pennsylvania State Police, and its process for notifying the Ursinus community in the event of an immediate threat, among other procedural notes.

The eighth page of the report presents the brief Alcohol and Drug Policies of the College.

Shortly thereafter are the College's Sexual Misconduct Policy and the rights of all students, complainants, and alleged perpetrators.

The next six pages outline extensively the initial steps to take for all parties involved in any such incident, a complainants right to file for both informal and formal adjudication, and the proceedings if a faculty or staff member is an alleged perpetrator.

The last few pages are charts that contain facts about fire safety and reported fires in each residence hall and the crime statistics both on and off campus for the last three years.

"I think it is important to share this information to keep community members informed about what is happening in the area," said Campus Safety Director Kim Taylor.

"Prospective students have a right to know about the safety of our campus. It also provides a reminder that safety is everyone's responsibility."

According to the report, every

"I think it is important to share this information to keep community members informed about what is happening in the area."

—Kim Taylor
Director of Campus Safety

single residence hall is equipped with fire alarms (whether installed by the College itself or not), a full sprinkler system, smoke detection, and fire extinguishers.

They likewise conduct at least two fire drills each year. There was only one reported fire during 2010, a May 15 intentional fire at 3:45 a.m. in Cloake Hall.

The three charts under the title Crime Statistics are titled Criminal Offenses, Arrests and Disciplinary Actions.

Among the roughly 15 categories under Criminal Offenses,

which range from hate crimes to motor vehicle theft to non-negligent manslaughter, the most blatantly committed offense for the past three years has been burglary.

There were 22 reported instances in 2008, only 1 in 2009 and 15 in 2010. Thirty-two of those cases were specifically in residence halls.

"You would think that the small, friendly place Ursinus is would have almost no theft," said Chris Santoro, former Ursinus student and Reimert Hall resident.

"Especially when you live in a place like Reimert or in a suite somewhere else when you have a bunch of buddies with you, the chance of at least one person being in the room is pretty high," Santoro said. "I would like to think that I could go down to Wismer and not have to lock my door

for 25 minutes."

Unfortunately for Santoro and his roommates, a laptop, Xbox and "expensive" speakers were all stolen from Reimert 304 during the 2009 school year.

All the items except the laptop were later recovered.

A more prominent issue for some of the student body this semester has been the alcohol policy and the increased rate of write-ups due to a more strictly reinforced open-container rule.

According to the report, arrests on campus for liquor law violations have decreased by seven from 20 in 2008 to 13 in 2010 but disciplinary actions for the same offense have increased from 91 in 2008 to 115 last year.

The report is required by the Department of Education via the Clery Act. For more information, visit www.securityoncampus.org.

Alcohol-related hospitalizations rise, confuse administration

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The number of students being sent to the hospital in alcohol related incidents has again increased this year and the Ursinus administration cannot figure out why.

Last year, the first student to be sent to the hospital for alcohol poisoning was during homecoming weekend.

This year homecoming weekend fell on an earlier date, but 8 students had been sent to the hospital for drinking prior to homecoming weekend.

Of the 8 students that were sent to the hospital for drinking, 7 of them were freshman, and one was a sophomore.

The reason this stat has confused the Ursinus administration is because this freshman class has had more experience drinking than previous classes.

Dean of Students Deborah Nolan said, "most of the freshmen this year have had extensive drinking experience before their

hospitalization here, so the reason is not typically that the kid never drank in high school and feels the need to go crazy."

The only significant change from last year to this year is the enforcement of the open container policy.

However, the administration doubts that this increase is due to the open container policy because most of the students who were sent to the hospital were drinking in their dorms.

Dean Nolan said, "People come up to me all the time and ask me, could this be from the open container policy? I'd say no, because we have been harder on the open container policy, and the freshman who were sent to the hospital were caught drinking in their dorms where we never allow open containers."

The fact that the administration cannot figure out what is causing the numbers to rise makes the situation all the more difficult to handle.

However, Dean Nolan said that she is certain that the problem has

nothing to do with fraternities and sororities on campus.

Though Dean Nolan could not provide a definite reason for the increase, she did offer some food for thought on the subject. "We're seeing more students coming from addictive backgrounds, or mental health issues that have led them to their drinking problems so we think that's part of this to," she said.

Although the number of students being sent to the hospital is substantially higher than last year, Dean Nolan did have an optimistic view point on the subject.

"We are really, really, happy because on other campuses the number would not be that high even with the same drinking behavior because students don't care as much. But here, you guys do call for help and it's good because we only want to keep you guys safe so we have been so thrilled that you guys do the right thing to save them, rather than just hide them in a closet," she said.

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school. It was really nice to see residents of Collegeville make such an effort to donate blood."

She also said there were some unhappy people leaving the blood drive. Alonso explains that the guidelines for donating blood are very strict and the volunteers at the Red Cross are very thorough when working with donors.

Alonso said, "We had a

few people leave the blood drive frustrated because they were unable to donate blood.

While I understand their frustrations, I also understand why the Red Cross is so careful when they are receiving blood."

Alonso explains that she is very happy with the outcome of the blood drive and is also ready to make changes for next semester. She said, "I love planning the drive each semester. Although it can be a challenge, it's well worth it in the end."

Have a feedback on anything we covered?

We welcome your letters to the editor!

**Send us your thoughts to:
grizzly@ursinus.edu**

ATTN Readers: Issue 7 will be postponed to Oct. 27

Berman exhibit honors Muhlenberg family



Courtesy of Suzanne Calvin
Weathervanes from Augustus
Lutheran Church, 1743, Trappe,
Pa.

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With the 300th anniversary of the birth of Trappe, Pa. and native Henry Muhlenberg being celebrated last month, the Berman Museum of Art is showcasing “Pastors and Patriots: The Muhlenberg Family of Pennsylvania.” The exhibit is being displayed in the upper gallery. Henry Muhlenberg was a German Lutheran minister, who was sent to North America

in 1742 as a missionary. In his 45 years of ministry, he established many Lutheran churches in the Philadelphia and Montgomery county regions.

He and his family resided in nearby Trappe, Pa. According to Emily Koppenhofer, a student worker at the Berman, the “Pastors and Patriots” exhibit is different because it does not showcase what some would call “standard types of art.”

Instead, the exhibit consists of various historical artifacts displaying the lives of the Muhlenberg family, ranging from cookbooks to antique rifles used during the Revolutionary war.

“These are functional tools that tell the story of the Muhlenberg family and were built to last,” said Koppenhofer, “Also, this exhibit is tailor-made for the region. The Muhlenbergs were prevalent in the Collegeville and Trappe area. To see their history from Germany to Pennsylvania, laid out through the items used in their everyday lives, makes their story tangible and relatable.”

In addition to displaying the life of a local historical figure, this exhibit also holds

another type of importance to the Ursinus community.

The collection was curated by Lisa Minardi, a Muhlenberg historian and Ursinus alumna from the class of 2004.

Minardi graduated Ursinus with a double major in history and museum studies and is currently the assistant curator at the Winterthur Museum in Winterthur, Del.

“Lisa Minardi, a 2004 UC graduate and masterful curator for ‘Pastors and Patriots,’ does gallery tours and talks for those particularly interested in the Muhlenbergs and their life,” Koppenhofer said. “She is unbelievably passionate about the subject and very knowledgeable about the pieces and Muhlenberg history.”

Koppenhofer said that Ursinus students can benefit greatly from visiting this unique historical exhibit. Because the history behind the displays is local, there is much to learn about the surrounding Collegeville and Trappe community.

“Because Ursinus is striving to do more community outreach and engage with the community, this exhibit can



Courtesy of Suzanne Calvin
Communion service items of Augustus Lutheran Church, c. 1730-50

bring those two entities together to better understand our shared history,” said Koppenhofer.

The “Pastors and Patriots” exhibit is on display until Dec. 18, and students should be aware of future exhibits and plans for the Berman.

The next main gallery exhibit is “‘Reimagining the Distaff Toolkit,’ which creates art out of tools traditionally used for women’s work,” said Koppenhofer, “we also have a very strong ‘Peer Docent’ corps, always willing to give

tours throughout the museum to anyone interested. In addition, we’re planning a Community Partnership Parade for the spring, and have an on-going ‘student friendlier Berman’ campaign to bring more students to the museum.”

Students and community members can experience “Pastors and Patriots,” as well as other art exhibits, Tuesday through Sunday from 10 a.m. to 4 p.m. and Saturday and Sunday from 12 p.m. to 4:30 p.m.

Ursinus GSA provides ‘genuine acceptance’ for all

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The Gay Straight Alliance (GSA) is an on campus organization that promotes acceptance and equality among all students.

The club, which is open to anyone who wants to be more educated on LGBT issues, serves as a safe place for students to meet and talk with one another about any issues they wish to discuss.

By hosting a variety of events, the GSA helps to raise the awareness of the campus’ LGBT community. Many of these events are open to the entire campus.

“The GSA’s purpose on this campus is to give all people a place of genuine acceptance and a place where they can feel open and comfortable,” said secretary Justin Tyler.

The organization, which at this time consists of 25 members,

is open to all students and has weekly meetings where the group discusses upcoming events and current issues.

Members also get to enjoy activities and social time during the organization’s gatherings. Besides just meetings, members regularly get together to enjoy movies, poetry, and literature that often times have an LGBT theme.

“The GSA can help students learn a lot about themselves, as well as about other people with similar issues,” said Tyler.

Many of the events hosted by the organization are focused on educating other students on both campus and worldwide issues. The main events hosted yearly include the National Day of Silence, Tuesday’s Coming Out Day, and their ball, the Gayla.

“In the future we hope to be holding movie nights, Label T-Shirt Drawing, monthly coffee

and conversations, GSA dinners, GSA study hours, and a concert or musical,” said Tyler.

The club has hopes to change their name in the near future from the Gay Straight Alliance to the Gender Sexuality Association in an attempt to encourage a wider variety of students to join the group.

“There can never be enough students in the GSA,” said former GSA president and Ursinus alum Ryan Sullivan, “our goal is to educate as many people as possible and spread awareness to the maximum amount of people that

we can.”

The Ursinus College campus caters well to help the GSA grow and become successful.

“SPINT now offers Schaff as the Queer House. Queer house has gender neutral bathrooms and rooming,” said Tyler.

Along with accommodating bathrooms and rooming situations, Schaff also has an LGBT library with gay themed books and movies. The GSA uses this library for their events such as book clubs and movie viewings.

“The Schaff library was a huge addition to the organization

because we all of a sudden had access to what is usually hard to find material,” said Sullivan.

If students are interested in joining the GSA the organization meets every first and third Wednesday of the month.

Students can email Tyler, Emily Arndt, Nick Silcox, or Rassah Ostadhosseini, all of whom make up the executive board of the organization, for more information.

The GSA offers study hours as well for all students in Schaff every Sunday from 8 p.m. until 10 p.m.

Coming
Soon!

Ursinus College Post-Secret

Visit postsecret.com for examples and be on the look out for an article next week and secret drop boxes around campus.
Get ready to reveal all!

UC's Dr. Clouser lectures on birds' habitats

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On Thursday, Oct. 6, Dr. Marcia Clouser presented "Birds in their Habitats in the Perkiomen Watershed" in Jazzman's to members of the community and other bird lovers.

Clouser, a lecturer at Ursinus College and an avid bird watcher, described where and how to find some specific types of birds while at the Perkiomen Watershed Conservancy.

Clouser, a member of the Board of Directors at the Perkiomen Watershed, is equipped with a particularly extensive knowledge of birds, their habits, and habitats.

She knows exactly where specific types of birds will nest and why.

For her presentation on the Perkiomen Watershed, Clouser focused on three major types of habitats. The first one Clouser covered was the west point of Spring Mountain.

"Spring Mountain is 505 ft.

above sea level, making it the highest point of elevation in the Perkiomen Watershed," said Clouser. Spring Mountain, however, has not preserved according to important environmental standards according to Clouser.

"It's important that we protect Spring Mountain because it is one of only two places locally to find black vultures," said Clouser.

While Clouser was sure to emphasize the importance of Spring Mountain, she said the most interesting habitat is the Riverene habitat.

Found in the Riverene habitat are all different kinds of ospreys, which Clouser said are migrating through the area now.

Clouser said ospreys often will use nesting platforms and that she "would love to be able to convince the community to put nest platforms up there but ospreys and bald eagles don't seem to get along," which Clouser said would be a decapitating problem.

The Riverene habitat is a great place to see indicator spe-

cies, according to Clouser. "This is a species that scientists use to indicate if an area is a primo habitat or not," said Clouser.

One of the indicator species found in the Riverene is the blue heron.

"These are one of the most beautiful birds in our area," said Clouser, "They look prehistoric to me.

The other two indicator species found in the Riverene habitat are the Acadian flycatchers and the Louisiana waterthrush.

The last habitat Clouser described was the interior forest habitat. This habitat, according to Clouser, suffers from the acts of other animals.

"Deer are the villains, as far as forests are concerned," she said. Clouser spoke about putting up a fence that surrounds Spring Mountain in order to preserve the smaller plants that are ravished by the deer in the area.

According to Clouser, her presentation was intended to raise awareness of the habitats



Courtesy of Michelle Farkas

Dr. Clouser is a member of the Board of Directors at the Perkiomen Watershed.

in the Perkiomen Watershed, as well as to give other bird watch-

ers some tips on how to determine one species of birds from another.

Renaissance band takes students back in time



Courtesy of Michelle Farkas

Members of Piffaro performing on the stage in Bomberger Auditorium.

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When the Renaissance Band ensemble Piffaro performed Thursday, Sept. 29 at 7:30 p.m. in Bomberger auditorium, their music offered Ursinus students a glimpse into the past.

Founded in 1980, the early

music ensemble performs late Medieval and Renaissance period music on a variety of early wind instruments.

According to their program, "Piffaro recreates the rustic music of the peasantry, as well as the elegant sounds of the official, professional wind band of the late Medieval and Renaissance periods."

The ensemble uses recon-

structions of instruments from the time period, which include shawms, dulcians, sackbuts, recorders, drumhorns, bagpipes, lutes, guitars and harps as listed on the program.

"The table on the stage was covered with instruments that I have never seen before," said junior Eric Pfeiffer.

Thursday's performance, entitled "Spanish Pipers in the New World," was an all instrumental homage to Spanish composer Gaspar Fernandes.

The variety of songs played included processions, love songs, popular songs of the time, and many more.

Dr. John French introduced the ensemble and told the audience that Piffaro has had "quite a history at Ursinus College." French said they have been to Ursinus three or four times before.

The seven performers, dressed in all black, began with a bow to the audience.

Signaling their readiness with raised eyebrows, they commenced the performance with a song called "Tane gil du tamborino"

After the ensemble finished

the opening song, Artistic Director, Bob Wiemken spoke to the audience about the band. He said Piffaro is Italian for piper, which "makes us all pipers."

He then introduced his fellow pipers Annette Bauer, Grant Herreid, Greg Ingles, Joan Kimball, Christa Patton, Priscilla Smith, and Tom Zajac.

"The performers were very passionate about what they were doing," said Pfeiffer, "they were moving their bodies along with the music and smiled often."

While the ensemble switched instruments or rearranged themselves on stage, Wiemken explained what the audience was hearing and which instruments were being used.

At one such transition, he said that the dulcian, which he played throughout the performance, was a predecessor of the bassoon.

At the conclusion of the performance, Wiemken welcomed questions from the audience.

The five minute questions portion included queries about how to play the instruments, where the instruments were made, and what the most expensive instrument was.

In response to these questions,

Wiemken explained that Piffaro is the only group in the country with such an extensive collection of instruments.

Highlighting the fact that their instruments come from all over the world, Wiemken said the group had a recorder from Israel at one point.

Finally, he noted that the harp is by far the most expensive instrument in Piffaro's lineup.

After the question and answer session, Wiemken invited the audience members to come onto the stage and look at the instruments or talk to the performers before they left.

Audience member Julia Besnard said she really enjoyed the performance.

"It's so timeless and it makes you so happy," said Besnard.

Piffaro is in high demand this year.

"We tour a lot. In a couple of weeks we go to Los Alamos," said Kimball, "we are going to Washington, D.C., and various places in New York. This year is a busy year."

To find out more information on Piffaro or to listen to their music, visit www.Piffaroplaza.com

New law in Alabama intrudes on citizens

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So what exactly does reasonable suspicion mean?

Here we go again. After the passing of the now infamous Arizona immigration law, the state of Alabama has now decided to take a page out of the Arizona playbook and has passed its own set of laws. Now, children in school may be questioned whether their moms and dads are illegal immigrants.

One might think that a federal judge would believe that such a law could be a violation of some state or federal law, but no. Judge Sharon Lovelace Blackburn, a judge in the Federal District Court in Birmingham, has ruled that at least some of the immigration laws passed are legitimate.

Although she blocked provisions that would have prevented illegal immigrants from enrolling in colleges and universities, she also allowed a provision that allows police officers to verify a person's immigration status during routine traffic stops if there is a "reasonable suspicion." While it is true that some Americans have applauded these decisions, there is a large amount of disagreement over the legality.

Professor Fitzpatrick, a politics professor here at Ursinus, notes that "the U.S. Department of Justice, under the Obama administration, seeks to have that ruling overturned. So it's fair to say that there's reasonable disagreement on the law's legality." Nevertheless, these laws are simply outrageous and may cause many unnecessary

problems in the near future.

The most important question is "what constitutes reasonable suspicion"? The United States is home to many immigrants. Does speaking with a funny accent constitute a reasonable suspicion? Though I absolutely hate to admit it, I do have a strange accent when I speak English. Does it mean if I went to Alabama and was pulled over during a routine traffic stop, the police officer has a right to ask about my immigrant status because I have a strange accent?

In this case, I would have absolutely no concrete way to prove that I wasn't an illegal immigrant. Sure, my mannerisms are fairly American and I use a lot of slang and jargon that only an American would know, but I could have simply studied it all. I could show my state issued ID,

but that does not prove anything.

I could tell him about how there are fifty stars on the American flag, that George Washington was the first president, and that our national capital used to be in Philadelphia, but that could just mean I am a really well prepared illegal immigrant.

I do not carry my American passport with me at all times, so would the officer believe me if I said I left it at home? It would not be a surprise if I were detained for hours until it was proven that I am an American citizen. All I can say is, what a waste of time. The fact of the matter is there is almost no way to verify who is an illegal immigrant or not.

As many of us know that there are American citizens who have trouble speaking English.

So is everyone who has trouble speaking English a suspect?

One has to begin thinking about whether more and more states will begin to pass laws similar to those passed in Arizona and Alabama.

"An appeal of Arizona's tough anti-immigration law (known as S.B. 1070) is now in the federal judicial pipeline but not on the Court's current docket," said Fitzpatrick, "it may reach the Court next year, but even if it does, there's no guarantee that the Court would review it at that time."

So this is an issue that may go on for some time. Who knows, maybe if enough states pass these types of laws I may need to start carrying my passport with me at all times. But of course that could be reasonably suspicious too, wouldn't it?

Tips to avoiding the feared 'freshman 15'

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When one enters college, they are initially blind to the future of Lane Bryant size 24 sweats and cankles that loom dauntingly overhead.

To avoid potentially being the star of a TLC show called "Too Fat to Move" in which you are being lifted via crane from your house to the hospital, it is imperative you read this.

The Freshman 15. It seems more like a camp fire story in the leagues of Big Foot than a reality; however, the dangers of extreme weight gain are very valid.

According to a study done by Daniel J. Hoffman, an assistant professor of nutritional sciences at Rutgers University, 49 out of the 67 people in the study gained an average of 7 lbs, caused by the consumption of an extra 112 calories a day.

With a Kellogg's Nutri-Grain bar containing around 150 calories and a single Budweiser containing around 143 calories, it is clear to see from breakfast to a night out the opportunity to add a mere 112 calories to ones diet.

The first culprit of potential pudge is Wismer ignorance.

When students enter Wismer

Cafeteria they must do so with a keen intelligence that restrains them against taking advantage of the limitless buffet setup.

Eating a salad (one not doused in high calorie salad dressings) or an omelet is exercising smart decision making; however, it does not mean one should never indulge. But do so carefully.

Desserts, although strategically placed to be absolutely unavoidable, should not be the main source of one's diet without expecting horizontal expansion and possible clogged arteries.

A good rule to help navigate the treacherous waters of the dining hall is to chew food slowly and drink multiple cups of water throughout the meal. This will help one notice that they are full instead of being carried off in a wave of binge eating that is facilitated by the social setting.

The Freshman 15 is not only rooted in hunger, but thirst. Alcohol is not only a means of giving freshmen a bad reputation, but also of giving them a tummy.

With one shot of Grey Goose vodka containing 69 empty calories (the same as a shot of Burnetts, a more realistic choice of alcohol for us broke college students), it is easy to see how a fun weekend can turn into a

couple of pounds. If you do decide to frequently party, the gym would be a good counter to it.

The swarm of sweaty lacrosse bros at the gym is not as daunting as it looks, and a balanced combination of cardio and strength training makes a positive impact on one's overall health, fitness and general wellbeing. As tempting as it is to get caught up with friends or end classes by going back to your dorm to take marathon naps, your body will thank you for staying active.

You do not have to be a Hulk Hogan fitness beast, but it is important to get your body moving and blood flowing, even

if that is just by taking a brisk stroll around campus or taking the stairs to that third-floor Olin class instead of the elevator.

Stress is a key motivator forcing one to eat.

Say it's in the wee hours of the morning and you're up cramming for that biology exam over a sea of scribbled note cards, your mind may be filling your head with enticing visions of a Wawa run and that glistening shelf of glazed doughnuts. Stop! Are you really hungry? More than likely your brain is trying to escape from the drudgery

of studying than really being hungry. If those hunger pains are real, focus on food that will give you high levels of energy like almonds or bananas.

The Freshman 15 is a very real concern, but through practicality and logical decision making, one can maintain a healthy lifestyle and figure. College is all about the personal growth that new freedom prompts, and being able to make healthy choices in the chaos of college shows individual maturation. Take personal pride in being active and in good physical condition.

Solution to last week's puzzle

7	3	2	8	9	1	6	4	5
9	6	4	7	2	5	1	8	3
1	5	8	3	6	4	9	2	7
2	8	3	5	4	9	7	6	1
5	7	9	1	8	6	4	3	2
4	1	6	2	3	7	5	9	8
3	9	5	4	1	2	8	7	6
8	4	1	6	7	3	2	5	9
6	2	7	9	5	8	3	1	4

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			7		5	8		2
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		4				1		
9	2		1			5		7
	5							3
	9				7		1	
2		6	4		3			

Puzzle by websudoku.com

UC Water Polo stresses fun over seriousness

Dave Muoio

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With a shout, the ball is thrown across the pool as swimmers on both sides push off the walls to chase it.

One team scoops it up, passing it forward as they advance toward the other side's goal. As one teammate shouts to distract the goalkeeper, another propels herself upward from the water to take a shot on the goal.

However, the goalkeeper retains his focus and manages to get a hand on the ball before it finds its mark.

Instantly, the roles are reversed as the defenders begin passing and sprinting right back against their opponents.

But when they reach the other goal, a defender leaps into the water from outside of the pool, kicking the ball out of the way mid-jump.

Now is when it becomes clear that the Ursinus Water Polo Club doesn't always stick to the rule-book.

Players begin to openly taunt one another, pull each other from the walls, and wrestle over the ball. At one point, a player even wears the goal on his head as he swims across the pool.

It's very clear that there's a much larger emphasis on having fun than having a strict match.



Courtesy of Jenna Barna

The Water Polo Club meets on Saturdays from 2:30-4:30 p.m. in the pool area

"I think people come here more so for fun than to be on a serious sports team," said club member Andrea Pullman, "we want to play, but we want to have fun too."

Started in 2008, the Ursinus Water Polo Club meets at the

Floy Lewis Bakes Center's pool from 2:30-4:30 p.m. every Saturday to swim and play pickup games.

Club leader Jenna Barna is trying to build the club back up after it lost momentum last year when she and other members studied

abroad.

"It just got poorly organized, and we kind of lost our focus," Barna said, "we're really trying to get that back this year."

Barna is looking to recruit as many new members as possible, regardless of their knowledge of

the game.

She and the club are happy to be an introduction to the game for interested students, and are ready to teach the rules and techniques to anyone who jumps into the water.

"It'd be easier for you if you have swimming experience before, but we welcome all new players whether you have the experience or not," Pullman said.

"We're really open and welcoming, we won't ever turn anyone away," Barna said.

As open as they may be, the club's members are very aware that many people could be repelled by the supposed nature of the sport itself.

"We'd like to have more members so that we can have a more fun game, but I think people are intimidated when they hear water polo," Pullman said, "they think it's more intense, [but] we're not just blindly vicious to everyone in the water. We're very friendly people."

Even when the game does become heated or chaotic, having a good time is always the priority of the club to the members.

"Even if it does get to the point of one player with the goal on their head swimming back across the pool, it just gets fun," said club member Peter Nikel, "and that's why we're here."

Men's Soccer gears up for the stretch run

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Being a part of one of the toughest conferences for college soccer, the Ursinus Men's soccer team is still putting it together as the season begins to wind down.

With just five games to go, the Bears are trying to meet their goal of making the conference tournament at the end of the season.

At the beginning of the year, head coach Kyle Rush had hopes of improving the team's record from last year and earning a spot in the conference tournament.

Graduating only three seniors from last season, the Bears have a strong returning class.

Captain's Mike Alfieri and Andrew Machalick are among the top players on the team, and have made a big impact on the team's direction. The freshmen class

is strong as well, with six new members joining the team. One freshman, Stefan Johnson, starts as a midfielder.

The team this year has improved greatly from last year.

"This year's team has found their identity and has had consistency in their play in almost every game," said Rush. Their record has also improved and the team is scoring more goals.

Currently the team has doubled their scoring total from last year, as the Bears are now in the running for qualifying for the the conference tournament.

Although the team has a losing record, they have picked up significant points in other games this year.

On September 7, the team captured their first win of the season, defeating Immaculata 2-0.

The biggest win for the men

"This year's team has found their identity and has had consistency in their play in almost every game."

— Kyle Rush
Head Coach

came on Homecoming weekend, when they had their first conference win of the season, beating McDaniel in overtime 1-0.

Another significant game for the Bears includes a tie against Washington College, which means that they picked up a point against a Centennial Conference opponent.

The game ended after double overtime.

"Tie games are always the hardest because you know you can beat the other team," said Alfieri.

The Bears picked up another point in a tie with King's College before falling to Johns Hopkins.

Some of the losses have been tough luck games as well, as the Bears have fallen in two games by scores of 2-1, and 1-0, obviously games that the Bears were in.

The team looks to continue pushing through the season in upcoming conference games against Swarthmore College, Dickinson College, Haverford College, and Muhlenberg College.

In addition, the team record would improve with a potential victory in their final non-conference game of the season against Kean University.

The games against Swarthmore, Kean, and Haverford are at home, while Dickinson and Muhlenberg are both road contests, with Muhlenberg being the

last game of the regular season.

The last home game for the Bears will be played on October 26 at 7:30 p.m. against Haverford.

Rush and members of team are asking that students come out and support the team, under the lights of Patterson Field.

By winning their conference games, the Bears would put themselves in the best position to secure a playoff spot.

With their backs against the wall, the men will be competing at their highest possible level to ensure that they put themselves in a position to earn a spot in the postseason.

It will not be an easy task because of the uphill battle, but with a strong combination of improved play and a more dangerous offense, the Bears stand a fighting chance.

UC Rugby making bigger commitment

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Ursinus' Men's Rugby Club might not be an official team, but the players are certainly acting as if it is one.

Captain Mike Ward said the mentality of the club has changed in the past few years, and the approach to the game is not taken lightly.

"Before the club was more about just hanging out and having fun, but we are trying to become more of an actual team," Ward said.

Ward believes the change in competition will be the ultimate determining factor as the team moves from the West division to the East division.

"It's a more competitive division," said Ward.

As such, the team practices three days a week as opposed to two days a week last year. In between those practices, players are encouraged to attend weight lifting sessions. All in all, players spend at least 15 hours a week on rugby.

With players spending so much time together, the team has grown closer.

"The team dynamic is important on and off the field," said Ward, "[and that] will definitely show on the field."

Rugby has roots in both soccer and football, and attracts a multitude of athletes.

"We have a lot of ex-football players on the team," said Ward,



Courtesy of Katie Kimball

UC maintains possession of the ball on a lateral. The members have made a bigger commitment to the club this year

an ex-hockey player himself, "the big part of the appeal is the fact that it is very competitive. The seriousness and physicality combined with the club mentality attracts players."

The Rugby Club affords players the opportunity to play a sport they enjoy without the huge time commitment that other sports on campus have, as stated on the school website: "The Ursinus College Men's Rugby Club offers the intensity and camaraderie of

playing a collegiate sport with a lesser commitment than NCAA teams."

Having a smaller commitment is especially beneficial for someone like Ward, who in addition to being captain of the rugby club, is a neuroscience major and a part of UC EMS.

"I've had to start scheduling my time, [and] sometimes that can be a problem," said Ward, "with the time commitment being less than other teams it makes

it harder to get all the players at practices, but at the end of the day rugby is a club and school is top priority."

The team has had a bit of a setback this year due to the loss of the rugby suite, but it hasn't deterred them from focusing on improving and winning games this season.

The win against Widener University on Saturday, Sept. 8 brought the team's record to two wins out of four games. Noah

Lee, a forward on the rugby team, was excited about the win against Widener University.

"This game really unified us," said Lee, "we played really well together."

Ward hopes the team's hard work will get them to the playoffs and beyond that, the ultimate goal is to win a club championship at the end of the season.

"A championship would be awesome," said Ward.

UC Sports Schedule 10/13-10/16

10/13
Women's Soccer
@ Immaculata
7 p.m.
Draper Walsh Stadium

Men's Cross Country
@ Blue/Gold Invitational
10:30 a.m.
University of Delaware

Field Hockey
@ William Smith
12 p.m.
McCooley Field

Men's Soccer
vs. Swarthmore
6 p.m.
Patterson Field

10/15
Volleyball
@ Nazareth
10 a.m.
Neumann University

Women's Cross Country
@ Blue/Gold Invitational
11:15 a.m.
University of Delaware

Football
vs. Juniata
1 p.m.
Patterson Field

10/16
Field Hockey
vs. West Chester
1 p.m.
Eleanor Frost Field

